



Spring/Summer Training Brochure

2017

Southern Kennebec Child Development Corporation

Child Care Options

Mailing Address:

337 Maine Avenue
Farmingdale, Me. 04344

582-3110 or
1-800-525-2229

Fax: 582-3115

E-mail us:
cco@skcdc.org

Visit us on the web:
www.ccordc.org

Contact us by phone at:
582-3110 ext. 27

Like us on:
www.facebook.com/maineskcddc

Subscribe to our ENewsletter
www.ccordc.org



Winter/Spring Training Opportunities

Acceptable Risk: Presented by, Margaret Cushing. Should we allow children to take risks? If so, how much and how can we keep them safe? What do they learn from taking risks?

April 10, Damariscotta

American Red Cross First Aid & CPR: Red Cross Infant, Child, Adult First Aid, CPR training and certification meets the needs of workplace responders, professional rescuers, school staff, professional responders and healthcare providers, as well as the general public. This course combines lectures, demonstrations, video with hands-on training and practice. Please bring lunch as you work through the lessons. Trainer: Margaret Cushing
May 13, July 15, Scarborough

Bullying: Presented by, Maine Parent Federation. During this interactive workshop we will take a closer look at what bullying is and isn't. We will provide tips to help prevent bullying, discuss what happens when we encounter bullying, and identify some of the outcomes from bullying.
May 9, Waterville,

Bullying Can Begin in Preschool: Presented by, Margaret Cushing. Some studies show that as many as 20% of four year olds have experienced some sort of bullying from their peers, and that about 15% of children show bullying behavior. Sometimes, it's hard to tell normal developmental behavior from bullying. Recognizing the signs and intervening at an early age can change these behaviors and help a child gain the social and self-regulating skills they need for life.
May 10, Scarborough; June 20, Sanford

Children's Nutrition: Making fruits and veggies fun and familiar in your classroom and beyond: Presented by, Jenn Tyler. Constructing an environment for encouraging good nutrition: We'll discuss strategies for your own program design and implementation, best practices for making fruits and veggies FUN, and getting parents and families involved at home.
June 15, Waterville; August 21, Augusta

Count me in: Math in early childhood: Presented by, Jane Benesch. This workshop presents strategies for integrating math concepts into play experiences including story enactment, teacher made games, movement activities, songs and finger plays. Participants will be guided to distinguish between mathematics teaching based on rote memorization and that which is constructed by children through meaningful play and problem solving experiences.
August 9, Portland

SEE REGISTRATION FORM FOR TRAINING LOCATION AND COST

Early Math Matters: More than counting: Presented by, Stacy Shaffer. Math has many dimensions; number sense, geometry, measurement, language of math and spatial relations. In this workshop you will learn a number of child centered activities that engage the children to learn many dimensions of math at their own level through hands on activities.

April 13, Bangor

Effective Green Cleaning Practices for a Healthier Childcare Environment: Presented by, Andrea Parker. This is a visual presentation and hands on training course designed to educate child care professionals on up to date green cleaning practices for child care environments. Green cleaning products and tools will be discussed and used in a hands on training and attendees will come away with real world applications and tools for green cleaning within their respective facilities. Disease prevention and identifying health risks will also be touched on as well as effective cleaning of bloodborne pathogens so as to prevent the spread of disease within a childcare environment.

April 19, Augusta; May 4, Portland; June 20, Waterville

Expanding Children's Thinking: Presented by, Margaret Cushing. We as adults sometimes get so caught up in the way we always do things that we have difficulty expanding our horizons. We teach children in the way we are most comfortable, but we want our children to learn how to learn. To do that, we have to teach them to question, research and explore their world. We'll explore several questions that will help unleash each child's potential.

May 17, Eliot; July 20, Auburn

Exploring Nature through Art: Presented by, Josephine Roberts. Since the beginning of time artists have sought and found inspiration from nature's awe inspiring beauty and wonder. Discover new and share classic projects and activities for exploring art through nature and exploring nature through art.

June 1, Bath

Fun Art for School Age Children: Presented by, Clare Hellen. Art for school-age children need to be fun and effective. Come learn some new techniques that will have your children producing some 'mind blowing' art!

June 21, Portland

Gardening with Kids; Presented by, Margaret Cushing. In this workshop, participants will explore the benefits of gardening with young children. They will identify and discuss early learning guidelines related to gardening, and learn simple ways to incorporate gardening experiences into their curriculum. Be prepared to play with some dirt!

July 12, Scarborough

Heartsaver First Aid/CPR/AED for the adult/child/infant: Presented by, Kim Fields. This class will show you how to recognize and treat emergencies in the first minutes until medical help arrives. This class is intended for persons assigned to respond to emergencies in the workplace or community as those who personally just want to learn first aid, CPR and AED skills. Upon completion students will receive a course completion card and a first aid book.

April 22, August 26, Buxton

Helping the Young Child Listen Speak and Think: Presented by, Deborah Betit. The focus of this hands-on workshop will be three pre-reading skills for the young child and activities to incorporate into sharing books with children. Included are idea extensions that will also be tried out, many emphasizing pre-math skills.

May 17, Freeport; June 26, Auburn

Helping Children to Learn by Making the Most of Common Materials: Presented by, Deborah Betit. Take away ideas and activities by using common materials, toys, and books and transform them into learning math and science concept pre-skills. This workshop will help extend children's play into thinking and creating as young scientists and mathematicians.

April 12, Portland; May 3, Augusta; June 26, Auburn; August 15, Bath

Making Literacy Props: Presented by Elizabeth Richards. Books can come alive with the right props-and you don't have to buy them from expensive catalogs. Learn to make your own interactive tools to use when teaching favorite children's literature.

April 10, Bath

Music and Movement: Supporting learning and information retention Presented by, Jenn Tyler. Kids love music and dance. We can utilize music in learning strategies, behavior management and more. We'll explore different types of music, suggested titles, rhyming, and adding movement to tie it all together.

April 11, Waterville; May 17, Augusta

Print Rich Environment: Presented by, Elizabeth Richards. A print rich environment teaches kids literacy skills all day long. Learn to set up your classroom with materials and props that will keep kids engaged in literacy learning throughout the day.

May 8, Auburn

Process Art; Freedom to Scribble: Presented by, Stacy Shaffer. “Rather than forcing children to draw and paint like adults we should be concentrating on producing adults who have the capacity to draw and paint like children”, Susan Striker. Art activities should be an opportunity for children to explore a process, to experiment with materials and create their own way. In this workshop you will learn why this is important to children’s development and how best to support this process. You will leave with a number of easy activities to use in your classroom.

May 24, Bangor

Planting the Seed: Presented by, Josephine Roberts. Children who fall in love with nature grow up to become adults who respect and conserve it. A connection to nature can never begin too early. Pack your teacher tool kit full of tips for creating meaningful opportunities for infants and toddlers to experience the magical worlds of nature.

April 27, Scarborough

Positive Staff Communication: Presented by, Margaret Cushing. Often, we get caught up in negatives and blame, which are not conducive to positive, relationship building communications with each other in our child care teams. We’ll look beyond the negatives to real open, constructive interactions that affirm each other and teach our children how to communicate effectively.

April 19, Freeport

Shape Art: presented by, Clare Hellen. Math and art can go hand and hand. Every drawing starts with a shape. Learn how you can teach your kids how to draw and learn their shapes too!

July 27, Freeport; August 22, Scarborough

Social and Emotional Development in Young Children: Presented by, Penny Poolman. For young children, healthy social and emotional development correlates with cognitive development, creating a strong foundation for future school success. This training will examine the social and emotional development of young children and how early learning classrooms can support this development through daily experiences and activities. Come learn how we can support our youngest learners for future success in school and as members of our community.

July 25, Farmingdale

Supporting Young Introverts: Presented by Josephine Roberts. Classrooms by nature, are designed for extroverted children. Introverts have to work harder to be comfortable in larger groups of people and in new situations, but there are many simple ways to support your introverted children. Learn how introverts see and experience the world and discover a handful of tips and tricks for helping young introverts thrive.

May 16, Portland; August 17, Auburn

Tricky Transitions: From Terrible to Terrific!: Presented by, Elizabeth Richards. Transitions often incorporate two challenges for young children-stopping and waiting. But transitions don’t need to be chaotic! Participants will learn tips and tricks for making transitions fun and active segments of the learning day.

April 24, Biddeford; June 5, Portland; July 18, Bath

Why Can’t Johnny B. Goode?: Presented by, Maine Parent Federation. All children misbehave, but for some children that behavior is more frequent, intense and challenging. During this workshop participants will gain an understanding about some of the causes of these challenging behaviors. Approaches that can be made that work for the whole family, not just the child. Strategies that can influence a child’s behavior in a positive way will be discussed.

June 6, Augusta

Wonderful World of Math and Science: Presented by, Clare Hellen. Is math and science difficult for you to focus on in the classroom? Come learn some ideas on how to incorporate these two extremely important subjects back into your classroom.

June 14, Scarborough

Check out our Independent Self Teaching Packets, training you can take from the comfort of your home!

Southern Kennebec Child Development Corporation
Child Care Options: Resource Development Center
337 Maine Ave.
Farmingdale, ME 04344

Customized Training to Meet Your Needs!

Are you a child care center that would like customized onsite training for your staff? We can help! Child Care Options will make all the arrangements to bring training to you. This means training will be customized to meet your needs and delivered by highly skilled and qualified trainers, staff will not have to travel to a training after a long work day and you will determine the time and date (s) for the training to meet your needs. Interested? Give us a call at 582-3110 ext. 27 or email rita@skcdc.org