

INDEPENDENT SELF TEACHING PACKETS (ISTP'S)- **BUY 3 GET 1 FREE**

Training you can take in the comfort of your own home. These ISTP's are a series of research based articles on developmentally appropriate topics. These ISTP's will provide you with 2 or 3 training hours. In order to receive training hours for completing the ISTP, you will be asked to read the articles and respond to a few questions reflecting upon your learning. Upon completion and the return of your homework to Child Care Options, your homework will be reviewed and a training certificate for 2 or 3 hours will be sent to you.

To register by phone with a credit or debit card: 207-582-3110, extension 27 or you can mail the registration form with a check or money order to: Child Care Options, 337 Maine Ave., Farmingdale, ME 04344

	Cost	Quantity	
2 Hour Independent Self-Teaching Packets			
Asthma Management in Early Care and Education Settings	\$15.00		
Being An Effective Early Childhood Teacher	\$15.00		
Biting	\$15.00		
Children's Sexual Development	\$15.00		
Collaborative Partnerships with Families	\$15.00		
Cooking with Preschool Children	\$15.00		
Creativity in Children	\$15.00		
Developmentally Appropriate Practices with Young Children	\$15.00		
Diversity	\$15.00		
Dramatic Play	\$15.00		
Emerging Literacy for Infants & Toddlers	\$15.00		
Enhancing Literacy Skills	\$15.00		
Exploring Autism	\$15.00		
Family Friendly Child Care Centers	\$15.00		
Food Allergies and Intolerances in Early Childhood	\$15.00		
Incorporating Books Throughout Your Curriculum	\$15.00		
Language Development-2 Year Olds	\$15.00		
Let Them Play	\$15.00		
Math	\$15.00		
New! Medication Administration in a Child Care Setting	\$15.00		
Planning Smooth Transitions for Children and Families	\$15.00		
Planning Staff Meetings	\$15.00		
Playdough As a Teaching Tool	\$15.00		
Preventing Sudden Infant Death Syndrome (SIDS) in Child Care	\$15.00		
New! Routines and Transitions in the Classroom	\$15.00		
Science: Exploring Nature with Young Children	\$15.00		
Teaching Children Coping Skills	\$15.00		
The Importance of Pretend Play	\$15.00		
Thinking Routines in Early Childhood Programs	\$15.00		
Transitioning From Preschool to Kindergarten	\$15.00		
Using Conflict Mediation with Young Children	\$15.00		
Using Puppets to Teach Social Skills	\$15.00		
Working with School Age Children	\$15.00		
3 Hour Independent Self-Teaching Packets			
New! Adverse Childhood Experiences	\$20.00		
Anxiety Disorder in Children	\$20.00		
Best Practices for Guiding Children's Behavior	\$20.00		
Bullying Can Begin In Preschool	\$20.00		

New! Child Care and the Americans with Disabilities Act	\$20.00		
Creating Quality School-Age Space	\$20.00		
Developing Healthy Habits	\$20.00		
Emergent Curriculum: Ongoing Planning Around Children's Interests	\$20.00		
Family Involvement	\$20.00		
Helping Children Cope with Crises and Traumatic Events	\$20.00		
Helping Children Develop Resiliency	\$20.00		
Identifying and Addressing Challenging Behavior	\$20.00		
Learning Environments	\$20.00		
Literacy	\$20.00		
Maintaining Confidentiality in Child Care	\$20.00		
Mixed Age Grouping in Child Care	\$20.00		
Music in the Classroom	\$20.00		
Outdoor Learning for All Children	\$20.00		
Parent Conferences	\$20.00		
Pretend Play	\$20.00		
Promoting Children's Social & Emotional Well Being ** Requires internet access	\$20.00		
Recognizing and Responding to the Sensory Needs of Children ** Requires internet access	\$20.00		
Reducing Expulsion From Preschool	\$20.00		
Social Studies	\$20.00		
The Epidemic of Childhood Obesity	\$20.00		
Using Positive Guidance to Reduce Challenging Behaviors	\$20.00		
Using Technology in the Preschool Classroom	\$20.00		
Using Visual Supports to Promote Inclusive Practice	\$20.00		
You Are Not Alone: For parents when they learn that their child has a disability	\$20.00		
Helping Children Develop Resiliency	\$20.00		
Helping Children Cope with Crises and Traumatic Events	\$20.00		
Reducing Expulsion From Preschool	\$20.00		
Bullying Can Begin In Preschool	\$20.00		
DVD: Just Being Kids	\$25.00		
DVD: Getting Kids In Sync	\$25.00		
DVD: Thinking Big: Extending Emergent Curriculum Projects	\$25.00		
DVD: Helping Children Cope with Frightening Events: What You Can Do	\$25.00		
DVD: The Importance of Inclusiveness/Tools & Methods to Assist a Picky Eater	\$25.00		
DVD: People You May Meet: Who Are They? What Do They Do?	\$25.00		
DVD: Strategies for Successful Inclusion/Varied Developmental Levels in the Daycare Setting	\$25.00		
DVD: Introduction to Baby Sign/Creative Curriculum Ideas: Providing Parent Support	\$25.00		
DVD: Early Childhood Motor Development and Strategies for Picky Eaters	\$25.00		
DVD: Ask a Parent What They Want and Need from Their Childcare Provider <i>and</i> Mandated Reporting	\$25.00		
DVD: Brain Development and Trauma: How Important Are the First Few Years and Promoting Resiliency: How Stress and Trauma Can Affect Children's Behavior	\$25.00		
DVD: Autism Spectrum Disorder: How You Can Help Children, Parents and Providers and Applied Behavioral Analysis	\$25.00		
TOTAL:			